



## **Welcome to the First Congregational Church Pop up Pantry!**

Suggested food items to donate. May be brought to the church office, M-F, 9:00-2:00. Or contact the office at 413-298-3137.

Cheerios

Box of Instant Oatmeal/Oatmeal

Milk – shelf stable box

Milk – powdered

Peanut Butter, Sun Butter or Wow Butter

Pasta

Pasta Sauce

Box Macaroni and Cheese

Canned diced tomatoes

Canned beans

Canned vegetables

Canned soups

Can Tuna – water pack only

Can Chicken or Spam

Crackers